## Growth

## By Evolutionary Flow.

The evolution of perception and the roadblocks in our way.

Roadblocks can be internal, external, or both. The issue is that the way humanity operates is unsustainable because life is more interconnected and complex than people can understand or rationalize. Rationalization of the conscious mind is one of the biggest traps because it only operates based on its past experiences. This creates an endless cycle for those who attempt to operate this way. Problems may change their appearance, but they will never go away until a person recognizes that they are at the center of the cycle. The ego deceives a person into thinking that things are changing, even when they are walking around the same circle. The circumstances may change, and the image of the problem may change as well, but the burden will not go away.

Growth helps a person overcome situations and become what they need to be to reach the necessary position. As long as a person resists growth, they will experience misalignment. Not expanding is unnatural, and the more a person resists, the more negative and bitter they become. They either attract situations that end sadly or accumulate static and issues in the background until everything breaks loose. The ability to notice a destructive scenario before it happens, see the pre-signs of a destructive situation, and work on a preventive level is essential for living a balanced, calm, and rich life. Achieving this balance may take time and various scenarios, dictated by a person's unconscious belief system.

Belief systems are crucial as they determine the situations and scenarios we attract. The more destructive and deeply rooted the belief systems, the more shocking the situations a person will attract to root them out. Regardless of where we are in our developmental stage, the importance of being in the moment and releasing control—which ironically grants us ultimate control—is incredibly important. This approach will make the process easier. The willingness to change, evolve, and the sense of knowing that this is the way to go are essential.

The foundational question of growth stands upon the realization and deep sense of knowing and awareness that you are the beginning and the endpoint of everything. Value progress over everything else. This does not mean that you need to become very spiritual and release all material possessions. Evolving to become poorer is not what growth is about.

Another underlying secret of the world within the sense of growth is how to make the transition easier and manipulate the current reality around you. There is a saying, "Say everything is wonderful, and God will show you what really wonderful looks like. Say it is bad, and God will show you what bad really looks like." The language we use not only programs our unconscious mind but is also recorded in multiple instances on multiple levels. What you say will create your reality and become stronger as you evolve. The higher a person is on the evolution ladder, the more impact their thoughts and words have on their reality.

Reality becomes more sensitive to a person as they start recognizing it. That's when a person starts to create or at least learn how to conduct themselves and create desired outcomes. This is followed by a new level of complexity, but the bottom line is that in order to grow, a person needs to release control to gain it, understand the direction they are going, and learn to be in the moment. Understand that the past doesn't matter, the future is already in the present moment, and start searching for understanding and tools to navigate reality in a more

sustainable manner. This requires developing through one's core identity, not through social identity.

Subjects to Master and Understand for Sustainable Growth:

Social and Core Identity and their complexities.

Limitations—conscious and unconscious—and how they affect everything.

Consciousness acceleration.

Positive and negative mind-shifting into super creative states.

Metaphysics.

Sources of information.

Egregorial world.

Language patterns within and outside of the person.

Importance and excess potential.

Flow state and its meaning.

Acceptance, a familiar subject with many levels of complexity.

Correlations of different life dynamics.

Break-even point and its meaning in the future, past, and present.