## **Foundation**

## By Evolutionary Flow

Every day, we go about our lives making decisions and reacting to the world around us through our personal filtration systems. The subject matter is: if we act and react based on our filtration system, what does that mean for us overall?

Life is a combination of many subjects, all correlating with each other, but one that matters most is the foundation through which we operate. It is a definitive aspect of our ability to grow, perceive, and create or destroy.

Where do our decisions and perceptions come from, and why? This is a question people may want to start entertaining, as most individuals operate through systems that have little to nothing to do with the actual reality of the world. The limitations, rules, and fears that infect our perception are then used to make decisions or create reactions to the world, the environment, and everything in our lives. These dictate the quality of the outcomes we have in our lives as a whole.

There is a famous saying: "It is not the situation but the reaction that is the only thing that matters." This quote couldn't be closer to reality, as it defines life as a whole. In the wheel of life, we step into the consequences of our past reactions. This is absolutely the case in all dimensions of life. We pre-record scenarios in our lives through our reactions and the emotions that sometimes charge the decision-making process.

Emotional charge is key. Identify it and make no decision based on it. For example, if you are afraid of a situation and about to make a decision based on that fear, ask yourself how you would act if there was no fear present in the decision-making process, and then act on it. A negatively charged decision at its foundational level will never bring a constructive outcome.

The ultimate comfort zone—sometimes, we create our doom by not being able to act and react to situations in a very different manner than we are used to. Based on fear and emotional correlation, we unconsciously know what some of our decisions will lead to. If these outcomes are familiar, even if they are not progressive, they feel comfortable. It is not the progressive nature of the decision or its consequence, but the familiarity and comfort within that familiarity. Even if the decision leads to disaster, if that disaster is familiar, it explains why people make decisions that make no progressive sense at all. The feeling overpowers the progressive nature of reality. This is the emotional spiderweb of the unconscious mind that governs our behavior until we recognize and start shifting through it.

Note: The emotional charge can be tied to traumas that can also correlate with each other.

Breaking the wheel of life, meaning breaking the patterns of life, is only possible through internal transformation and a radical shift in our perception of the world, and actually acting on this new perception rather than reverting to emotionally charged ones. Any decision or reaction, and its foundational roots, need to be analyzed and determined to have the foundational ability to transform one's foundational context in a conscious manner.

The spiderweb of emotional charge—a combination of familiarity, emotional charge, and limiting belief systems—operates as systems in their own right. The moment you start to undermine them, a cascade of revelations occurs. This is where people unconsciously undermine themselves. If they sense the possibility of this happening, life manifests situations

or scenarios that distract them and lead them away from, for example, a training program or anything that can radically threaten it. This allows the unconscious systems to stay in control.

Taking control of life decisions and reactions can be done through a strong sense of value for the time and opportunities available to us. The world is large and filled with possibilities beyond our imagination. Things we couldn't even conceive are waiting for us if we gather the strength and courage to step into the unknown.

New possibilities and new outcomes are only possible in the life that we haven't experienced, and that is only possible in the unknown. However, the unknown is something that people have great difficulty entering because of the negative mind concept, which is a whole different subject but highly correlated to this, and has a different paper written on it.